Come learning mesmerism and hypnotic fascination at the real source.

There is only one Master School. This school is based on the practical results you achieve. The reality behind the tradition we teach, mesmerismus, is this master school. A true student must enlarge his knowledge. This page is for a comparison and a connection with elements of the egyptian tradition, the work of Franz Bardon and Caucasian/Zoroastrian Yoga. There is a common ground behind all these school.

Franz Bardon: If you ever stumbled upon the writings of Franz Bardon, you may have been fascinated by his way of teaching. He helps the reader in discovering some true keys of magic.

The key to Franz Bardon and to other Hermetic writers, interpreted through the ancient Master School.

If you ever stumbled upon the writings of Franz Bardon, you may have been fascinated by his way of teaching. He helps the reader in discovering some true keys of magic.

Franz Bardon wrote many books on occult subjects. The first, Initiation in Hermetics, brings the student to the secrets of elements. This book describe a way of operating based on the four elements. These four elements are held in direct connection with the sensorial modalities and many exercices are derived. Also he describes how to develop the positive and the negative pole in man.

We have put all these exercises in action and we have found incredible results.

Franz Bardon was exponent of a REAL tradition. This was demostrated by the high appreciated work of Rawn Clark that wrote many articles and a book on this argument. The big problem for the actual student is that Franz Bardon died and didn't have the time to complete his work. He was beginning a fourth book. The exercises you learn in our tradition are anyway on the same line and can help in filling many missing pieces and getting real results.

In our researches we have found similarities between the work of Franz Bardon and what is done in a few rosicrucian lodges. Also we have found striking similarities between the way in which he and our master guided his disciples along the path of knowledge.

It is possible to help a person in changing his personality through these reequilibrating processes. We think that together the two approaches could be dynamite and we have ourselves found new interesting dimension.

The technique of fascination can enhance the results you get with Franz Bardon's techniques, and at the same time Franz Bardon's techniques can give you many useful preparatory exercises.

Visit our site http://www.mesmerismus.info to explore more recent sources of this hidden power.
Mantras

In the fascination approach there is also the use of specific mantras, and we discover in "the key of true
kabbalah" a description of many useful mantras.

In our seminars we teach practically how to use them for influencing others and perceived reality.

The highest level is what we call "mono-verbalism". It means using just one mantra while fascinating. This is
the highest level.

Mazdaznan, Count Walewski and the fascination school:

These are secret disciplines very practical.

Mazdaznan, Count Walewski and the fascination school
The seven Master Arcanes and their relationship with some elements of gaze development along the
path the fascination school.
(by dr. Paret)

Caucasian Yoga is a very ancient path of development.

Count Stefan Walewski coined the word "Caucasian Yoga" and he said that he learned it from two initiates.
The origin of what he wrote is probably to be found in zoroastrian or even pre-zoroastrian practices.
Waiting to find some more information in order to define better its hysterical root, we will speak of
caucasian/ancient zoroastrian practices.
In fact, we find very similar exercises in another tradition of zoroastrian origin, called Mazdaznan.
Walewski clearly said that he did not make contact with the Source, but still, the part of it that he gives is
very practical.
He indicates in the form of instruction on "how to do," will work - people doing it will benefit.
Obviously what he gives can correspond only to the second step of the Master School, the last step being
the development of **true consciousness**.

Count Stefan Colonna Walewski's was of Polish descent.

Here are some words from the preface to his book: "His outer life was that of a well-known collector and
dealer in oriental art and antiquities and in anthropological curios. His shop, Esoterica, was not only a
famous New York connoisseurs' landmark but the gateway of another world ....
The Count firmly believed that he attracted strange objects to him by a sort of higher magnetism of which
he knew the workings; and his unrivalled collection of sacred objects seemed to prove his point. Few knew,
however, that behind Count Walewski's constant kindnesses to his fellow man and his expert knowledge --
the two main facets of his external life -- there lay an intense inner life and search for life's most hidden
secrets ....

Before the 1920s, in the Caucasus mountains (between the Black and Caspian seas, on the border between
Turkey and Russia) he had been vouchsafed some of those secrets by two initiates of a rarely encountered
secret society, which combined indigenous doctrines and those of yoga with teachings stemming from a
mystical tradition of ancient Zoroastrianism.

Walewski never saw his teachers again, and he himself assumed no personal credit for their teachings which
were merely handed on to him under oath not to reveal the source.”
The exercises are highly effective.

Visit our site http://www.mesmerismus.info to explore more recent sources of this hidden power.
The book divided the teaching in two groups: Master Arcanes and Lesser Arcanes. The Master Arcane are 7, the lesser arcanes 26. We will draw here a comparison between some exercises of the ancient fascination tradition and these arcanes. We have put together exercises with the gaze and we have drawn a parallelism with the seven master arcanes. For more informations we invite you to visit the school of dr. Paret. The comaprison is based on our own experience and feelings.

Obviously, if we speak of fascination we speak of the visual sphere and of the eye, while the exercises of Kowalski are mainly physical and mental. They use also colors, but now we will not examine this point. We see a parallelism between them and we feel each group of fascination exercises could be enhanced when done together with the corresponding arcane and viceversa.

Set of fascination exercises number 1. Eyes and concentration
Breath and gaze fixity.
This step in the fascination school contains two exercises:
Breathing with the upper chest. Learning to observe a small dot on a wall without blinking. The dot will be both black as a light reflex, alternating them (one day look at a black dot, one day look at a reflection of the light).

In Caucasian Yoga and Mazdaznan 1st Master Arcane is practically identical:
You must select some object.
A penny may be chosen if desired. Place the object four to seven feet from you in a position level with your eyes. Look at it steadily, but do not allow the eyelids to droop.

In this position you will notice that ideas of a drifting nature no longer have a hold upon your mind, and you are in the right position to concentrate, as the whole secret of success in the unfoldment of knowledge lies in the ability to concentrate. After you will breath"..."In the first lesson it was our object to pay particular attention to the steadying of the eyeballs by looking intently at a given spot so as to strengthen the muscles of the eye, and to steady the accommodative muscle which plays such an important part in our vision. The steadier the vibrations --- the clearer the sight and formation of ideas, for we have been determined to gain a proper posture and learn to breathe more rhythmically."
The interesting aspect is doing both elements (breathing and concentration) together: " The exercise alone without the concentration, will only partly do the work, and the result will be according. The concentration without the exercise will only assure mental gratification for the time being, but will not produce anything of a lasting nature." Walevski add to this arcane two elements: the power of colors and the observation of a light. About the colors look at the end of this paper (elements).
About light Light it is a common element in Zoroastrian Yoga. The basic interpretation is that with light we have a strong stimulation of the mind. (White light contains all other colors and elements and reality is just the reflection of white light against the different elements). NOTE: Please DON'T gaze at the sun. Our experience has teached us that it is better to use a light bulb of max. 75 watt. Distance: 1.50 – 3.00 meters

Set of fascination exercises number 2. The main element are the legs. The goal is generating Mental strenght and Will.
Eyes: Imagine, as you observe the point, small arrows going to the point.
This second exercise will develop your will to go in a direction and the power without limits. You must learn to develop your will.
Body: Walk and exerce physically. All exercises based on walking or on movements of the legs will develop the sex center and therefore the will.
Learn also the concept of "static tension" or "tension without moving".

These elements are also in the second arcane. In caucasian Yoga 2nd Master Arcane develops "how to aggress and defend". The second arcane is based on the feet and their relationship with the sense of hearing. The attention on the feet, on walking, and Hanish suggest a way to do it walking, will develop the will. Goal of the second arcane is also, "to turn our attention to the sense of hearing. It is necessary that we possess good hearing as very many unpleasant occurrences in life are due to our mis-understandings from our incorrect hearing, and because we hear things differently from what they were originally intended. It is an established fact that there is no being but what loves the truth and never intends to tell or hear a falsehood but because of deficiency in the senses and the undeveloped condition of brain functions, things are heard and repeated that were never said or heard."

We can think that if we are able to WILL we are also able to discern, as both are correlated.

About Static Tension
Static tensions are used to create energy. As we do a movement without moving the energy stay stored in us.

Set of fascination exercises number 3. Directing and concentrating the force.
In this exercise you will observe a point very far, and after a point very near. This exercise will help in concentrating the force. The exercise is known in America and reported by Shaftesbury. In Europe only my master spoke about it.

In caucasian Yoga 3rd Master Arcane develops "how to judge distances". It helps also in storing "electric force" and therefore must not be overdone.

Set of exercises number 4. Movements and diffusing the force in the body.
Here we learn in developing movement and further vivacity of the gaze. Observe some points in different directions (up, down, right, left) very fast and other similar exercises for eye vivacity and it will refine the mind. Note that eyes movements (as in EMDR) are very useful for putting away bad habits.

In caucasian Yoga 4th Master Arcane develops "electricity" and diffuses in the ganglia through movement. Also correspond to this arcane some elements of set of exercises number 2. "Physically it will aid in the digestion of food. It will help in concentrating your mind that you may take a more proper attitude in the observation of your labor, but the main point is your taste will become more refined, more sensitive, thus enhancing the sense of smell, which is accomplished in part by the preceding exercise (the third). "We now proclaim that this exercise in connection with the previous ones, followed daily, will aid in overcoming all obnoxious habits, such as flesh-eating, liquor-bibbing, smoking, chewing, drugging, and the like."

We have drawn similarities also between other arcanes and fascination practices. For sake of simplicity we stop here. If you already know caucasian Yoga, we hope the comparison you have found will be useful.

Ancient Egyptian traditions. The myth of horus and its relationship with the fascination school

BEHIND THE MYTH

THE LOST KEY OF THE ORIGINAL POWER OF HORUS

In the egyptian temples the eye is a very widespread symbol.
As fascination is linked to the secret power of the eye, and to the power of the gaze, it is a key for understanding the ancient egyptian myth of Horus.

Each point of this ancient legend can be understood using this frame and we find striking similitudes to what our masters taught us.

We will show here the most important similitudes.

Horus was the falcon-headed solar and sky god from ancient Egypt. He is associated with vitality, health and regeneration.

Developing the power of fascination is also connected to these elements.

Achieving the power of the eye meant be able to heal and work with the life force.

Fascination is also connected with the sun.

Visit our site http://www.mesmerismus.info to explore more recent sources of this hidden power.
Man will concentrate his power, and become a sun for the others.

This is testified also from the fact that in our tradition there is a technique also for bringing the power of the sun to the zones of the bottom eye. http://www.mesmerismus.info

Horus was the son of Osiris and Isis.

His right eye was white, and represented the sun, and his left eye was black, and represented the moon.

This could seem strange, as the right pupil in reality it is black.

In the fascination school we work with polarities, the right one, positive and linked with the white color (and this explains why the Egyptians described the pupil of the right eye as ‘white’), and the left one, negative and linked with the black color.

The name of Horus’s brother was Seth.

The power of Seth was linked to the testicles.

In the fascination school, the eye transmit outside a power that is originated in the sexual organs. It is an energy very similar to the energy of kundalini.

According to an Egyptian myth, Seth, Horus’s brother, killed Osiris. Horus fought Seth to avenge this death and lost his left eye in the fight and Seth, his testicles.

The left eye is very important in transmitting the power.

Visit our site http://www.mesmerismus.info to explore more recent sources of this hidden power.
Seth stole the (left) eye of Horus, damaged it, and divided it into six parts.

We could interpret it as Horus was really tired after this fight and had no more the power.

In the ancient egyptian tradition, the six fractions of the eye, taken one with the other correspond each one to a fraction, but their sum is less than the unity. This means that dividing the eye something was lost, the magical power.

But as also Seth was without power...

Thoth, the God of magic and the moon, used his powers to reassemble Horus’s eye and returned it to Horus. Seth, ultimately, recovered his testicles. And, though these gods, at times, did battle, they would, as well, aid each other...

This last point of the myth brings again attention of the fact that the two Gods were in reality connected and part of the same reality.

In the fascination school we know both eyes should work together and there is also an exercise to put the energies of both the part of the body together.

In the ancient Egypt the eye of Horus was a symbol of the power of the God of light, and therefore a popular amulet for protection and good luck. On presenting his eye to Osiris, Osiris experienced rebirth.

And this point again of the myth brings us to the tradition of healing with the power of the gaze. The Eye of Horus symbolizes protection and the bringing of wisdom. The eye also symbolizes our ability to see with clarity and truthfulness.

Visit our site http://www.mesmerismus.info to explore more recent sources of this hidden power.
Pharaohs were seen to be the living Horus. Many of the pharaohs, as did the all ancient Egyptians, still held Seth in fearful reverence. Often, a pharaoh preparing for war, would invoke the spirit of Seth, in order to overpower his enemies.
So we can think that this ancient myth refers to the same power we are speaking now.

THE SECRET OF THE EYE OF HORUS
The Egyptians had a complex system of fractions that referred to the eye.
Each part of the eye had a numerical value.

These are the parts of the EYE and their corresponding associated fraction values:

- 1/64 heqat Touch
- 1/32 heqat Taste
- 1/16 heqat Hearing
- 1/8 heqat Thought
- 1/4 heqat Sight
- 1/2 heqat Smell

But all these fractions, added up, don’t give exactly the number 1.
This means that there is an element lacking that we cannot express through our senses.
That the Horus Eye series includes only six components and needs a magically obtained seventh part to make this divine unit complete was not due to any lack of computing skills among the pharaonic scribes.
We find a similarity in the fact that the common cubit was six palms long and needed a seventh palm to make it a royal and thus perfect or complete cubit, the measuring unit used for all sacred construction.
And Thot could the only God that could restore it, as he was also the God of Magic.
The magical power of the seventh part to complete a higher and holier unit than the common one composed of six parts may also be the reason why the later Hebrews, who relied on Egyptian mathematical methods and measuring concepts, had a week of six work days plus a seventh day belonging to God that made it complete and perfect.

A confirmation on it is that the restoring of the damaged eye of Horus is said to have happened on the sixth lunar day.

The original tradition of the old fascination school will help in restoring this unity.

The eye is said to be filled with specific minerals and plants.

In the first protocol applied by our school, the interior and the exterior of man are just two sides of the same coin. And what is inside is also outside.

We cannot probe the link to the ancient Egyptians, even if we have showed some striking similarities. This link is very probable, as we have testimonials all along the centuries of fascinators.